

SU Programme Synopsis

Who Are You?

This SU programme focuses on what it means to be created in the image of God, and how our creation, fall and recreation answer any confusion about our identity or purpose.

Suit Up

In 'Suit Up', we take an in-depth look at the different parts of the armour of God, how they help us and why we need to put on the armour (Ephesians 6:10-18).

Take the Stand

We aim to inspire young Christians to share their faith with others by challenging them to take their stand for God, with practical tips and biblical examples included along the way.

Make a Choice

Life is full of choices, so how do we discern which decisions are the right ones? This programme will highlight the struggles Christians face when navigating through life and show how we can find peace and contentment in Jesus.

SHINE - Friend (SU & Youth Group)

A four-part video resource designed to inspire young people to share their faith in their school and community. SHINE aims to equip young people to live for God and create opportunities for non-Christians to explore the Christian faith for themselves.

Find out more about SHINE [here](#)



We also offer **one-off talks** for your youth group or SU if you are going through a series or a specific topic.

Please contact us, and we would be happy to help.




Get in touch!


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